

2020 New York State School Health Profiles (SHP) Data Results and Resources

The Centers for Disease Control and Prevention's (CDC) School Health Profiles Survey (SHP) collects data from a selected sample of middle and high school principals and school health educators.

The survey asks about school health policies and practices in the areas of health education, physical education and physical activity, tobacco use-prevention, nutrition, health services, parent and family involvement and community involvement, and school health coordination.

Data collected from schools is kept confidential.

The New York State (NYS) SHP is administered by the NYS Center for School Health (NYSCSH) on behalf of the NYS Education Department (NYSED).

The data from these surveys is used to:

- Inform and guide the revision of health education and physical education standards.
- Create and provide resources and professional development for school staff.

This document provides selected data from the NYS 2020 SHP survey and resources that can be used to educate school staff, families, and communities which will reduce health risks and increase student and school wellness initiatives.



Data Reported in this Document Includes:

**Alcohol and
Other Drug Use**

**Bullying and Sexual
Harassment**

HIV/AIDS Prevention

**Nutrition and
Health Services**

**Safe and Healthy School
Environment**

Suicide Prevention

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Alcohol and Other Drug Use

Percentage of NYS schools in which teachers tried to increase student knowledge on alcohol or other drug use prevention in a required course in any of the grades 6 through 12 during the current school year.



NYS Middle
School Results



NYS High
School Results

Alcohol and Other Drug Use Resources

[Substance Abuse and Mental Health Services Administration SAMHSA Publications and Digital Products](#),

Tips for Teens, provides information to teach facts about and short-term and long-term effects about alcohol and other drugs.

[NYS Center for School Health Learning Management System](#) (LMS) course, E-Cigarettes and Vaping and Drug Awareness Training for School Personnel provides school staff with information on usage trends, curriculum resources and strategies to prevent and reduce use for youth and an overview of signs and symptoms of possible impairment and next steps in a school setting.

[Guidance on substance use issues](#) is offered by the NYS Office of Addiction Services and Supports, NYS Education Department, and NYS Department of Health and provides resources and evidence-based materials related to addressing substance use.

Bullying and Sexual Harassment

Percentage of NYS schools in which teachers taught how to communicate sexual consent between partners in a required course in any of grades 6th through 12th grades during the current school year.



NYS Middle
School Results



NYS High
School Results

Bullying and Sexual Harassment

Percentage of NYS schools in which teachers taught about recognizing and responding to sexual victimization and violence.



NYS Middle
School Results



NYS High
School Results

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Bullying and Sexual Harassment Resources

The [NYSCSH Learning Management System \(LMS\)](#) course, *Human Trafficking Awareness Training for School Personnel*, which provides school personnel with information to recognize warning signs of youth who may be victims of human trafficking, steps to take, and resources for assisting victims.

[Erin's Law](#) requires public schools grades K-8 to teach child sexual abuse and exploitation prevention. Grade band curricular benchmarks and resources have been developed to assist schools and districts implement Erin's Law.

[Guidance to School Districts for Creating a Safe and Supportive School Environment for Transgender and Gender Nonconforming Students, July 2015](#), provides information and resources to assist school districts in fostering an educational environment for all students that is safe and free from discrimination, and provides information to facilitate compliance with local, state, and federal laws concerning bullying, harassment, discrimination, and student privacy.

The [NYSCSH Learning Management System \(LMS\)](#) course, *Creating LGBT Inclusive Schools*, provides information on how to support LGBT students in NYS schools. Create a free LMS account and to take any of the courses offered.

[Stop Bullying](#) (U.S. Department of Health and Human Services) provides information about cyberbullying, what schools can do to help prevent bullying, and what kids can do keep themselves and others safe from bullying.

HIV/AIDS Prevention

Percentage of NYS schools in which teachers taught 6th through 12th grade students about the importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy during the current school year.



NYS Middle
School Results



NYS High
School Results

HIV/AIDS Prevention Resources

[NYSED Guidance for HIV/AIDS Prevention Education](#). This resource provides information to teach HIV/AIDS prevention education. The Elementary, Intermediate, and Commencement Tool Kits provides age-appropriate content at each grade level.

[The NYSCH Health Learning Management System \(LMS\)](#) course, *Creating an HIV Free Generation and Trends in STI's & HIV in NYS Youth*, provides school staff with information on the current state of HIV transmission, treatment, and prevention and an overview of the prevalence of HIV/STIs in NYS school-age youth.

2020 New York State School Health Profiles (SHP) Data Results and Resources



Nutrition and Health Services

Percentage of NYS schools in which health education staff worked with nutrition or food service staff on health education activities during the current school year.



NYS Middle School Results



NYS High School Results

Nutrition and Health Services

Percentage of NYS schools in which health education staff worked with health services staff (e.g., nurses) on health education activities during the current school year.



NYS Middle School Results



NYS High School Results

Nutrition and Health Services Resources

[School Health Guidelines](#) | [Healthy Schools](#) | [CDC](#) provides resources and strategies to assist school personnel in developing, implementing, and evaluating school-based healthy eating and physical activity practices for students.

[NYSCSH Nutrition](#) provides information for school personnel which provides resources on school breakfast programs, dietary guidelines, and food insecurity and hunger to support the nutrition and health of young people.

Safe and Healthy School Environment

Percentage of NYS Schools that have a student-led club that aims to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity.



NYS Middle School Results



NYS High School Results

Safe and Healthy School Environment

Percentage of NYS schools in which teachers implemented inclusive practices such as, encouraging the use of gender neutral pronouns, “they/them” during instruction to recognize gender diversity among students.



NYS Middle School Results



NYS High School Results

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Safe and Healthy School Environment Resources

[NYSED School Mental Health Education](#) provides educational resources that identify risk and protective factors and where young people can seek help.

[School Mental Health Resource and Training Center \(MHANYS\)](#) provides training and professional development for all school professionals about mental health challenges, suicide prevention, trauma, and other topics.

Suicide Prevention

Percentage of NYS schools in which teachers tried to increase student knowledge on suicide prevention in required course in any of the grades 6 through 12 during the current school year.

83%

NYS Middle
School Results

95%

NYS High
School Results

Suicide Prevention Resources

The [NYSCSH Learning Management System \(LMS\)](#) course, *The Suicide Safety Prevention Awareness*, provides an overview of Suicide Safety Prevention Awareness Training (SST) - one of many school-based suicide prevention offerings of the Suicide Prevention Center of New York (SPCNY).

NYS Education Department's [Guide for Suicide Prevention for School Personnel](#) to provide school personnel with the knowledge to identify and act when a student is at risk for suicide.

[Suicide Prevention Center of NYS](#) offers resources and training opportunities for schools in suicide prevention.

Additional Resources and Free Professional Development

The [New York State School Health Education Requirements Summary](#) provides information for teaching health education content.

Schools are encouraged to utilize the [CDC Whole School, Whole Community, Whole Child \(WSCC\)](#) model to promote positive health behaviors.

Be sure to sign up for the NYSCSH [Health Information Portal \(HIP\)](#) email subscription to receive updates.



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